Family-based Treatment Weight Progress Chart		Date Commenced:	
Name:		DoB:	
Starting weight (Kg):	Starting Height (cm):	100% median BMI (100% EBW):	
Starting BMI:	Starting %EBW:	100% mBMI/EBW (Kg):	Initial HWR (Kg):
Height review date:		90%EBW (BMI):	90%EBW (Kg):

Session	Date	Weight	+/-	%mBMI / EBW	Binge episodes (last 7 days)	V /L (last 7 days)	Menstruation (y / N/ NA)	Assessor

	Family-based Treatment Weight Progress Chart																									
											Date Commenced:														Starting Weight (Kg):	
Weight key										Projected end P1								Projected end P2								