



Role Description

Eating Disorder Coordinators

Area Mental Health Service

Background information

The Program Management Circular (PMC): *'Clinical mental health service responses for people with eating disorders in Victoria'* (MHB, 2007), described and guided the role of public specialist mental health services in responding to the needs of Victorians of all ages experiencing an eating disorder. Mental health services now have a clear responsibility to address the needs of individuals with an eating disorder, and their families. Policies and procedures; and clinical practice will need to be developed to enable this service provision.

The PMC stated that AMHS should identify key contact clinicians within each AMHS region to coordinate an appropriate mental health service response for eating disorders in conjunction with the authorised psychiatrist; as well as support clinical staff from all program areas (Adult and CAMHS). They will be known as Eating Disorder Coordinators (EDC).

EDC Key Role Responsibilities

1. Coordinate AMHS response to implementation of PMC guidelines.
2. Ensure that all appropriate mental health service responses are developed and delivered.
3. Facilitate increased clinical capacity to provide ED clinical services.
4. Collaborate with the Victorian Centre of Excellence in Eating Disorders (CEED) for professional development and support; and with other mental health and general health services.
5. Provide leadership and support to clinicians from all AMHS areas i.e. Primary Mental Health Team, Continuing Care team, Adult and Child and Adolescent teams, Triage and Crisis Assessment team.

The EDC will work closely with the Authorised and Consultant Psychiatrists in carrying out these responsibilities.

Reference

<http://www.health.vic.gov.au/mentalhealth/pmc/eatingdisorders.htm>