### Initial Focus is on Presenting Symptom (= Our Child is Not Eating) **Pragmatic**

- Weight restoration / gain is the primary outcome measure
- Urgency
- Return responsibility for eating to child after AN resolved & tackle adolescent tasks delayed by AN

### Parents Are Responsible for Weight Restoration **(Empowerment)**

- Parents have the skills, ability & motivation to undertake weight restoration
- Parents are asked to join & work together to take up the task of feeding & weight restoration

### Non-Authoritarian Therapeutic Stance **(Joining)**

- Empathic, collaborative, authoritative, sensitive to the challenge of treatment

### Agnostic View of Cause of Illness **(Parents Are Not To Blame)**

- Reduce blame and guilt

### Separation of Child & Illness **(Respect for Adolescent)**

- Reduce criticism of child