

# FAMILY BASED TREATMENT FOR ADOLESCENT EATING DISORDERS

## *Recommended Reading List*



THE VICTORIAN  
CENTRE OF  
EXCELLENCE IN  
EATING  
DISORDERS

### BOOKS

- Lock, J., & Le Grange, D. (2013). *Treatment manual for anorexia nervosa: A family-based approach*. New York: Guilford Press.
- Alexander, J., & Le Grange, D. (2009). *My kid is back. Family intervention for anorexia nervosa*. Melbourne: Melbourne University Press.
- Le Grange, D., & Lock, J. (2007). *Treating bulimia in adolescents: A family-based approach*. New York: Guilford Press.
- Lock, J., & Le Grange, D. (2005). *Help your teenager beat an eating disorder*. New York: Guilford Press.
- Lock, J., Le Grange, D., Agras, S., & Dare, C. (2001). *Treatment manual for anorexia nervosa: A family-based approach*. New York: Guilford Press.

### CASE DESCRIPTIONS

- Le Grange, D. Family therapy for adolescent anorexia nervosa (1999). *Journal of Clinical Psychology*, 5, 727-740.
- Le Grange, D., Lock, J., & Dymek, M. (2003). Family-based therapy for adolescents with bulimia nervosa. *American Journal of Psychotherapy*, 57, 2003, 237-251.

### REGULAR ARTICLES

- Dare, C., & Eisler, I. (1997). Family therapy for anorexia nervosa. In D.M. Garner & P.E. Garfinkel (Eds.) *Handbook of treatment for eating disorders* (pp.307-324). New York: The Guilford Press.
- Dare, C., Eisler, I., Russell, G.F.M., & Szmukler, G.I. (1990). The clinical and theoretical impact of a controlled trial of family therapy in anorexia nervosa. *Journal of Marital and Family Therapy*, 16, 39-57.
- Doyle, P., Le Grange, D., Loeb, K., Doyle, A., Crosby, R. (2010). Early Response to Family-based Treatment for Adolescent Anorexia Nervosa. *International Journal of Eating Disorders*. 43 (7): 659-662
- Eisler, I., Dare, C., Russell, G.F.M., Szmukler, G.I., Le Grange, D., & Dodge, E. (1997). Family and individual therapy in anorexia nervosa: a five-year follow-up. *Archives of General Psychiatry*, 54, 1025-1030.
- Eisler, I., Dare, C., Hodes, M., Russell, G.F.M., Dodge, E., & Le Grange, D. (2000). Family therapy for adolescent anorexia nervosa: The results of a controlled comparison of two family interventions. *Journal of Child Psychology and Psychiatry*, 41, 727-736.
- Le Grange, D., Eisler, I., Dare, C., & Russell, G.F.M. (1992). Evaluation of family treatments in anorexia nervosa: A pilot study. *International Journal of Eating Disorders*, 12, 347-358.
- Le Grange, D., Loeb, K., Van Orman, S., & Jellar, C. (2004). Adolescent bulimia nervosa: A Disorder in Evolution? *Archives of Pediatrics and Adolescent Medicine*, 158, 478-482.

- Le Grange, D., & Lock, J. (2005). The dearth of psychological treatment studies for anorexia nervosa. *International Journal of Eating Disorders*, 37, 79-91.
- Le Grange, D., & Schmidt, U. (2005). The treatment of adolescents with bulimia nervosa. *Journal of Mental Health*, 14, 587-597.
- Le Grange, D., Binford, R., & Loeb, K.L. (2005). Manualized family-based treatment for anorexia nervosa: A case series. *Journal of the American Academy of Child and Adolescent Psychiatry*, 44, 41-46.
- Le Grange, D., Crosby, R.D., Rathouz, P.J., & Leventhal, B.L. (2007). A randomized controlled comparison of family-based treatment and supportive psychotherapy for adolescent bulimia nervosa. *Archives of General Psychiatry*. 64, 1049-1056.
- Le Grange, D., & Eisler, I. (2009). Family interventions in adolescent anorexia nervosa. *Child and Adolescent Psychiatric Clinics of North America*, 18, 159-173.
- Le Grange, D., Lock, J., Loeb, K., Nicholls, D. (2010). Academy for Eating Disorders Position Paper : The Role of the Family in Eating Disorders. *International Journal of Eating Disorders*, 43 (11), 1-5.
- Loeb, K.L., Walsh, B.T., Lock, J., Le Grange, D., Jones, J., Marcus, S., Weaver, J., Dobrow, I. (2007). Open Trial of Family-Based Treatment for Adolescent Anorexia Nervosa: Evidence of Successful Dissemination. *Journal of the American Academy of Child and Adolescent Psychiatry*, 46, 792-800.
- Lock, J., & Le Grange, D. (2001). Can family-based treatment of anorexia nervosa be manualized? *The Journal of Psychotherapy Practice and Research*, 10, 253-261.
- Lock, J., Agras, S., Bryson, S., & Kraemer, H. (2005). A comparison of short- and long-term family therapy for adolescent anorexia nervosa. *Journal of the American Academy of Child and Adolescent Psychiatry*, 44, 632-639.
- Lock, J., Couturier, J., & Agras, W.S. (2006). Comparison of long term outcomes in adolescents with anorexia nervosa treated with family therapy. *Journal of the American Academy of Child and Adolescent Psychiatry*, 45, 666-672.
- Lock, J., Le Grange, D., Fordsburg, S., & Hewell, K. (2006). Is Family Therapy Effective for Children with Anorexia Nervosa? *Journal of the American Academy of Child and Adolescent Psychiatry*, 45, 1232-1238.
- Lock, J., Le Grange, D., Agras, S., Moye, A., Bryson, SW., Booil, J. (2010) Randomized Clinical Trial Comparing Family-Based Treatment with Adolescent-Focused Individual Therapy for Adolescents with Anorexia Nervosa. *Arch Gen Psychiatry*, 67(10): 1025-1032.
- Robin, A.L., Siegel, P.T., Moye, A.W., Gilroy, M., Baker Dennis, A., & Sikand, A. (1999). A Controlled Comparison of Family vs. Individual Therapy for Adolescents with Anorexia Nervosa. *Journal of the American Academy for Child and Adolescent Psychiatry*, 38, 1482-1489.
- Russell, G.F.M., Szmukler, G.I., Dare, C., & Eisler, I. (1987). An evaluation of family therapy in anorexia nervosa and bulimia nervosa. *Archives of General Psychiatry*, 44, 1047-1056.
- Treasure, J., Russell, G. F. (2011). The case for early intervention in anorexia nervosa: theoretical exploration of maintaining factors. *British Journal of Psychiatry*. 199, 5-7.