<table>
<thead>
<tr>
<th>Topic</th>
<th>Resource</th>
</tr>
</thead>
<tbody>
<tr>
<td>About Eating Disorders</td>
<td>Kelty Mental Health BC Understanding Eating Disorders (Part 1 of 5) <a href="http://www.youtube.com/watch?v=KellmifQFQ4&amp;feature=relmfu">http://www.youtube.com/watch?v=KellmifQFQ4&amp;feature=relmfu</a> (2.09)</td>
</tr>
</tbody>
</table>
| Why nutritional recovery is a priority | Kelty Mental Health BC - Medical Complications of Eating Disorders in Children and Adolescents: Medical complications of ED <http://www.youtube.com/watch?v=oHJLQTAa7nl&feature=relmfu> (10.39)  
Hospital Admission for an Eating Disorder (Part 1 of 6) <http://www.youtube.com/watch?v=LdHmBmxcOVo&feature=relmfu> (1.01)  
Effects of Starvation (part 2 of 6) <http://www.youtube.com/watch?v=0VfkFzjECAM&feature=relmfu> (4.05) |
| About Family Based Treatment and the importance of parents in recovery | Kelty Mental Health BC - Parents and Eating Disorders Treatment (Part 2 of 5) (notes physical recovery needed first, parents role in this, and FBT as EBT for this) <http://www.youtube.com/watch?v=axSo3aQdfvo&feature=relmfu> (3.54)  
Maudsley Parent – A site for parents of eating disordered children <http://www.maudsleyparents.org/>  
Families Empowered and Supporting Treatment of Eating Disorders: <www.feast-ed.org>  
| More support for parents: Parent to parent resources | Families Empowered and Supporting Treatment of Eating Disorders: <www.feast-ed.org>  
FEAST live online Forum - Around the Dinner Table: <http://www.feast-ed.org/Forum.aspx>  
Around the dinner table (ATDT)Hall of Fame <https://sites.google.com/site/aroundthedinnertablehof/>  
Anorexia and other eating disorders: How to help your child eat well and be well Practical solutions, compassionate communication tools and emotional support for parents of children and teenagers. Eva Musby. UK. <http://evamusby.co.uk/>  