Treatment Weight Progress Chart						Date Commenced:																				
Name:						DoB:																				
Starting weight (Kg):					Height (cm):							Starting BMI:							Healthy Weight Range:							
BMI	Wt																									
week		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26
date																											
weight																											
Wt change																											
menstruation																											