

FAMILY-BASED TREATMENT FOR ADOLESCENTS WITH ANOREXIA NERVOSA (FBT-AN)

Presented by CEED team members: *Jess Ryan, Laura Baldwin & Sarah Brown*

Delivered over **four, half-day live online** modules:

Part 1: 8:30am – 12:30pm (AEST), Thursday 5 August & Friday 6 August
Part 2: 8:30am – 12:30pm (AEST), Thursday 12 August & Friday 13 August



THE VICTORIAN
CENTRE OF
EXCELLENCE IN
EATING
DISORDERS

Family-Based Treatment (FBT-AN) is recognised as the first line, evidence-based, early intervention model of care for adolescents with anorexia nervosa (AN). FBT-AN has been developed and researched worldwide since the 1990s. CEED has developed and delivered FBT-AN training over several years to provide workforce development in this model to suit Victorian Service conditions. In the last ten years CEED has trained to over 1000 clinicians and provided service development and consultation support to implement the FBT-AN model of care in many Victorian CAMH / CYMH Services.

OBJECTIVES/TARGET AUDIENCE

The workshop aims to have participants gain:

- a background understanding of the historical influences on the development of FBT-AN
- a thorough understanding of FBT-AN practice assumptions and treatment phases
- capacity to set up and conduct FBT-AN with a young person and their family
- capacity to address clinical dilemmas that arise during FBT-AN
- understanding of how to implement FBT-AN as an integrated care model across local CAMHS and Paediatric Services

The training will involve didactic, interactive and experiential practise opportunities. Prior knowledge of understanding and assessing eating disorders is assumed.

Target Audience: Health Professionals working with adolescents experiencing anorexia nervosa.
Registrations from Victorian public mental health services clinicians will be prioritised.

TRAINING PREREQUISITE

The FBT-AN training forms part of the advanced treatment training component of the CEED comprehensive eating disorders training. Prior completion of Modules 1, 2 & 3 of the Inside Out Institute's Eating Disorders Essentials Training is a prerequisite for this training. Please note: ED Essentials online training consists of approx. 17 hrs of Professional Development. Please allow time to register and complete this training.

Contact CEED to register: ceed@mh.org.au

VENUE & BOOKING

Venue:	Online Via Zoom Logging on through individual computers with camera and microphone is preferable. Materials and links will be emailed to participants prior to the training commencing
When:	Delivered over four, half-day live online modules: - Part 1: 8:30am – 12:30pm, Thursday 5 August & Friday 6 August, 2021 (AEST) - Part 2: 8:30am – 12:30pm, Thursday 12 August & Friday 13 August, 2021 (AEST)
Cost:	Clinicians employed in Victorian public mental health services: \$150.00 Other health professionals: \$420.00
Registrations:	Registrations close COB July 25 2021, unless sold out earlier Book Early: Places are limited to strictly 30 trainees Register via TryBooking HERE

Certificate requirements: Attendance & participation in **all** four online modules & completion of training evaluation