## shared table

## Online Meal Support Training

**Clinicians Training Program** 

The Shared Table - Clinicians Training Program is a 40min elearning program developed to assist health professionals provide meal support to eating disorder patients within an inpatient setting. The program has been developed by and proudly made available by:

- Queensland Eating Disorder Service (QuEDS)
- Eating Disorders Queensland (EDQ) and
- Child and Youth Mental Health Service Eating Disorder Program

With funding support from Innovation Fund MNHHS

The Shared Table - Clinicians Training Program incorporates the knowledge and expertise of health professionals and clinicians working in this field as well as lived experience stories from recovered individuals and carers.

Topics covered include:

The goals of meal support

- Preparing for and providing meal support in an inpatient setting.
- 3 Stages of Meal Support and what they involve
- Recognising and addressing eating disorder behaviours
- Communication skills, strategies, guidelines and boundaries
- The importance of self-care.
- Stories of lived experience.

Training is self-paced and can be paused and resumed A certificate of completion is awarded at the end of the training

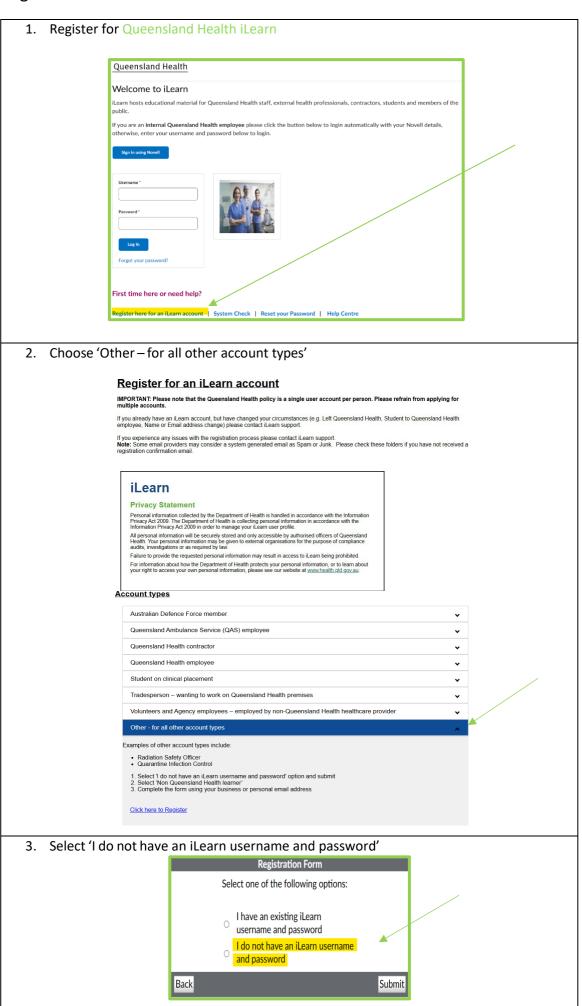
## To access the training module - go to:

Queensland Health iLearn

**Health professionals from locations other than Queensland**: follow the step by step instructions provided below to set up a Queensland Health iLearn account and access the training module



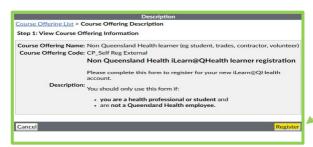
## **Registration Instructions**



4. Choose 'Non- Queensland Health Learner'



5. Click 'Register'



6. Complete the Registration Form and SUBMIT



7. You will receive a confirmation



8. Once processed you will be prompted to reset your password and login.



