

Behaviour Support Plan Resource – Adolescent Violence & Aggression in Eating Disorder Treatment

Clinician note: *This is an example of a behavioural agreement; however, you may decide to alter it based on the therapeutic modality being utilized to ensure it is complimentary to the treatment.*

We are developing this plan to help us care for and support each other throughout treatment. This plan will help us all understand what behaviours will be accepted and how they will be responded to.

Behaviour	Expected Response



We will discuss and update this plan as a family throughout treatment.

Signed by Young Person:

Signed by Support 1:

Signed by Support 2:

Signed by Mental Health Clinician:

Date Plan Created:

Date Reviewed: