



InnovatED:

Bridging eating disorder care from adolescence to adulthood

About the forum

CEED brings together clinicians, researchers, lived experience advocates, service leaders, educators, and policy stakeholders to explore innovative approaches to eating disorder care for young adults.

How do we better understand and respond to the person behind the diagnosis?

Young adults with eating disorders are not defined solely by symptoms or treatment pathways. Their experiences are shaped by identity, culture, neurobiology, family relationships, developmental stage, life experiences, strengths, and aspirations. This forum provides an opportunity to examine how services can move beyond a one-size-fits-all approach and deliver truly person-centred care.

A Shared Goal

Together, we will explore the diverse experiences of emerging adults with eating disorders, share innovative approaches to care, strengthen collaboration across the sector, and generate new ideas to improve outcomes. Our shared goal is to move beyond diagnosis and foster compassionate, inclusive, developmentally informed care that responds to the unique needs of each young person.

Venue and booking

Venue: The Australian Nursing & Midwifery Federation (ANMF) Auditorium
535 Elizabeth street Melbourne

Date: 27 November 2026

Ticket Price \$25.00 (Places are limited)

Registration: Contact us at CEED@mh.org.au
for information on how to register

Session themes

Head to our website [events](#) page for a more detailed program

Understanding the person behind the eating disorder

Exploring how culture, identity, lived experience and development shape eating disorders and recovery. Learning how to deliver person-centred care that responds to the unique needs of emerging adults, including those from CALD and First Nations communities

Featuring keynote speaker [Dr Jon Jureidini](#)

Delivering high-quality, recovery-oriented care

Examining the key ingredients of effective care for emerging adults with eating disorders, informed by evidence, lived experience, neurodiversity-affirming approaches and family-inclusive practice.

Building better systems of care

Considering the legal, organisational and service-level factors that influence recovery. Exploring transitions, integrated care pathways and opportunities for system reform to create more coordinated, effective care for emerging adults