

Session 1 presenters**Key note speaker: Dr Jon Jureidini**

Jon Jureidini is a child psychiatrist who also trained in philosophy, critical appraisal and psychotherapy. He is the co-author of *The Illusion of Evidence-Based medicine* and teaches and researches non-pathologising approaches to distress that emphasise social determinants of mental health. His main clinical role is working towards reunification with parents who have had their children removed because of maltreatment. Jureidini learnt most of what he knows about psychiatry growing up in a pub, from being a father, and from reading novels.

**A/Prof Soumya Basu**

Associate Professor Soumya Basu is a Child and Adolescent Psychiatrist with expertise in neurodevelopmental disorders, developmental trauma, early psychosis, and culturally responsive mental health care. He completed specialist psychiatric training in India and Australia and is a Fellow of the Royal Australian and New Zealand College of Psychiatrists (FRANZCP). He has held senior clinical and leadership roles across Victoria, including Monash University and Monash Health. An active clinician, educator, and researcher, he has authored over 40 peer-reviewed publications. Fluent in English, Bengali, Hindi, and Urdu, he has a particular interest in transcultural psychiatry and mental health in culturally diverse communities.

Session 2 Presenters



Dr Laurence Cobbaert

Dr Laurence Cobbaert is a mental health researcher specialising in eating disorders, a neurodiversity advocate, and Chair of Eating Disorders Neurodiversity Australia (EDNA). They hold a PhD from UNSW Sydney, where their research examined sensory processing in eating disorders, neurodivergence, and intersectionality. Their work integrates conceptual and empirical research with lived experience perspectives, focusing particularly on neurodiversity-affirming care, iatrogenic harm, epistemic justice, and improving the safety and quality of eating disorder treatment.



A/Prof Andrea Phillipou

Associate Professor Andrea Phillipou is a Principal Research Fellow and leads the Eating Disorders Research Program at Orygen and the Centre for Youth Mental Health at The University of Melbourne. Her research is predominantly focused on understanding the mechanisms that underlie eating disorders in order to develop more effective treatments.

Amanda Newbigin

Session 2 Presenters**Bliss Jackman**

Bliss Jackman is, before anything else, a mother. She has raised young people through mental ill health, including a daughter who recovered from anorexia nervosa through family based treatment, and that experience of sitting beside a child in distress and navigating services as a carer shapes everything else she does.

Bliss is Lived Experience Lead and a Chief Investigator on the CoAST project, co designing adaptations of family based treatment for young people and parents for whom standard FBT has not worked. She serves on the boards of ANZAED, the National Eating Disorders Collaboration and Tandem Carers, and works at Eat Love Live, a private clinic offering evidence informed, whole of person eating disorder care. She is completing postgraduate training in clinical psychology and clinical family therapy, and has just submitted her thesis, *Still Part of It: Family Belonging Across the Transition to Adulthood*.

She is a bit crunchy, thinks systemically, and if there is an ocean nearby, she will be in it at dawn.

Session 3 Presenters

A/Prof Sophie Adams



Associate Professor Sophie Adams is the Chief Psychiatrist of Victoria.

Sophie is originally a Consultation Liaison Psychiatrist with dual fellowship of both the Royal Australian and New Zealand College of Psychiatrists and the Royal Australian College of Medical Administrators and a range of academic and professional interests.

She has interests in leadership and culture, complex systems, clinical governance, quality and safety, ethics, workforce, supporting lived experience, youth mental health, neuropsychiatry and research. She has a strong interest in building safe cultures, developing sustainable teams and enabling others.

Sophie has worked in Mental Health in public and private, primary and tertiary for over 25 years and has had senior leadership roles across the sector. She is passionate about the importance of the mental health sector to thriving communities.

Sophie believes in putting people at the heart of her work and maintains personal optimism that we can make a difference to the health of our communities.

Sarah Walker



Sarah Walker (she/her) is an experienced Lived Experience Consultant with a career that has spanned various roles in the health and mental health sectors. She is a strong advocate for accessible and patient focussed eating disorder care, particularly for those needing specialist care settings. She has completed a Bachelor of Arts and has post graduate qualifications in Adolescent Health & Welfare and Alcohol & Other Drug Studies. Sarah is a Doctor of Public Health candidate at Latrobe University undertaking research on the transition of care from inpatient eating disorder treatment, to care in the community. Sarah works in lived experience roles at the RMH Eating Disorder Program and at BETRS (St Vincent's).

Dr Rachel Knight

Vikki Ryall



Vikki Ryall is a youth mental health expert with three decades of experience leading service transformation and strengthening evidence-based practice. An accredited mental health social worker, Vikki has extensive clinical experience supporting young people and families. She is trained in a range of therapeutic approaches and is a strong advocate for LGBTIQ+ inclusion, culturally responsive services and family-inclusive practice.

**Rachel-Barbra May**

Rachel is a social worker, trainer, and supervisor in Open Dialogue and Dialogical Practice with more than 20 years' experience in public mental health. She leads the development of dialogic and relational practices at Alfred Health and has extensive experience working with children, young people, and families in eating disorders, psychosis, single session and family therapy. She also co-hosts the Extremely Human podcast from Discovery College.

**Jo Money**

Jo Money (she/her) is an Accredited Practising Dietitian, Credentialed Eating Disorder Clinician, and the Founder and Clinical Director of Eat Love Live. With extensive clinical experience across specialist eating disorder units and community health settings, Jo leads a practice dedicated to compassionate, non-diet, and trauma-informed care. Driven by lived experience and a commitment to social justice, Jo works to dismantle harmful systems of oppression and weight stigma in healthcare. She also co-founded Eat Love Live Education to provide clinical supervision, workforce development, and training for health professionals navigating weight-inclusive and neurodivergence-affirming frameworks.

**Chantel Kleiner**

Chantel Kleiner is an Accredited Mental Health Social Worker and Clinical Family Therapist with many years' experience working with children, young people, adults and families across public, private and statewide mental health settings. She has particular expertise in eating disorders, alongside broader experience in clinical practice, service development, project work and workforce development. Chantel values collaborative, person-centred care that recognises the importance of relationships, identity, culture, neurodiversity and lived experience. She brings a systemic, evidence-informed approach to her work and is committed to co-design, cross-service collaboration and developing responsive models of care. Chantel is also a Board member of Eating Disorders Victoria.

**Dr Hannah Kim**

Dr Hannah Kim is a consultation-liaison psychiatrist who works as the medical lead for the Eating Disorders Clinic in the Parkville Youth Mental Health and Wellbeing Service. This provides case management for people aged 12-25 living in the North Western Region of Melbourne presenting with severe eating disorders as their primary difficulty. She also works at St Vincent's Hospital Melbourne in the Functional Gut Disorders Clinic and the IBD Psychiatry Clinic.